



**ADULT PATIENT HEALTH HISTORY**  
**(PLEASE PRINT FILL OUT COMPLETELY)**

Date: \_\_\_\_\_

Patient name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_  
Occupation \_\_\_\_\_ **Please list as it could be pertinent information to this visit**  
Retired [ ]

**Medical History**

Do you have or have you ever had any of the following conditions?

Autoimmune Disease

- [ ] Diabetes
- [ ] Hepatitis
- [ ] Thyroid disease

Hematologic/Metabolic

- [ ] Anemia
- [ ] Bleeding disorder/easy bleeding
- [ ] Bruising

Cardiovascular

- [ ] Atrial fibrillation
- [ ] Heart attack
- [ ] Heart murmur
- [ ] Heart valve disease/surgery
- [ ] High blood pressure

Lungs

- [ ] Asthma
- [ ] Bronchitis/pneumonia
- [ ] Emphysema/COPD
- [ ] Tuberculosis

Gastrointestinal

- [ ] Colitis/diverticulitis
- [ ] Heartburn/reflux/GERD
- [ ] Ulcers

Musculoskeletal/Neurological

- [ ] Arthritis
- [ ] Headache/migraine
- [ ] Seizures

Other

- [ ] Kidney stones
- [ ] Glaucoma
- [ ] HIV
- [ ] Sleep apnea/use of CPAP

Neurological

- [ ] Dementia/Alzheimer's
- [ ] High cholesterol
- [ ] Neuropathy
- [ ] Stroke/TIA

Other medical conditions not listed:

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PLEASE SEE REVERSE SIDE



**Review of systems: Please check signs and symptoms related to this visit.**

**Constitutional:**

- Anxiety
- Chills
- Fatigue
- Fever
- Headache
- Weight gain How much \_\_\_\_\_
- Weight loss How much \_\_\_\_\_

**Eye:**

- Blurred Vision
- Double Vision
- Redness
- Eye drainage/discharge
- Dry eyes

**Gastrointestinal:**

- Acid reflux
- Constipation
- Diarrhea
- Hemorrhoids
- Nausea
- Poor appetite
- Vomiting

**Musculoskeletal:**

- Joint pain
- Muscle pain
- Muscle weakness
- Neck stiffness
- Teeth grinding

**Cardiovascular:**

- Chest pain
- Irregular heartbeat/palpitations
- Lightheaded
- Shortness of breath with exertion

**Men Only:**

- Frequent urination
- Prostate problems

**Ear, Nose, Throat:**

- Ear drainage
- Ear pain
- Difficulty swallowing
- Hay fever
- Hoarseness
- Loss of hearing
- Nosebleeds
- Post nasal drip
- Ringing in ears
- Sinus problems
- Snoring
- Nasal congestion

**Neurological:**

- Balance problems/dizziness
- Fall asleep easily during the day
- Headaches
- Memory problems
- Seizure
- Tingling
- Tremors

**Respiratory:**

- Oxygen dependence
- Persistent cough
- Productive Cough
- Shortness of breath
- Wheeze
- Hemoptysis (coughing up blood)

**Skin:**

- Bruise easily
- Hives
- Itching
- Rash
- Eczema/dry skin
- Sores that won't heal

**Women Only:**

- Abnormal pap smear
- Unusually heavy menstrual periods
- Hot flashes

